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Attract Love At Any Age



*Attract A Quality Man Who
Will Cherish And Adore
You That You Can Share
Your Life With*

The Ultimate Guide To
Midlife Dating

8 Critical Dating
Mistakes You Don't
Even Know You Are
Making.

By Marlene Wagner

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For years I've worked with women, women of all ages. There's a pattern prevalent among single women. It's called "**dating mistakes.**"

What's interesting is, if a single woman is making one of these mistakes, chances are great; she's making all **eight critical mistakes that prevent having the ultimate fulfilling, healthy and loving relationship with the man of her dreams.**

I am a dating coach who's built my practice on **strategies to overcome midlife dating challenges.**

We women in our 40's, the '50s, '60's, and '70's were raised with a mindset that didn't exactly serve us for fulfilling relationships. **Change is possible. As long as we are living, breathing, beautiful women, we have a right to wish for and have the ultimate connection of our dreams.**

Let's get started and eliminate eight critical dating mistakes now.

Dating Mistake # 1. No thoughts about the kind of man you are looking for or what type of relationship you want.

I have yet to ask a woman what kind of man she's looking for and get a good answer. I'll get, "well.....I want a guy that tall, dark, handsome and funny".

I'm a little silly now, but that's not all that far from the kind of answers I get. We all want a man that's good looking and makes us laugh.

Granted, laughing feels good, but what else could we want in a man? **How about a man that treats us well, takes care of us, and always has our back?**

Ladies, it's critical you know exactly what you want in a man and a relationship. How can you find what you want when you don't know what you're looking for?

Take paper and pen and start describing that **ideal man and relationship. What characteristics do you want your ideal man to have?** Is he adventurous, dependable, kind, patient, etc.

What skills would you like him to possess? Do you want a good problem solver, decision-maker or have good people skills?

Do you want an athletic man or a good dancer? What level of education is essential to you?

What's important to you? What makes you happy? Take your time, don't rush, list everything you can think of you'd want in your ideal man and relationship.

This exercise is so critical and so important it's a **"must-do"** when I start coaching a new client.

Dating Mistake # 2. Wasting time with a man who won't commit.

I hear this one all too often. **We don't have time to waste on a man not worthy of us.** Stop being the one "for now"!

Men are notorious for hanging on to a woman until what he thinks is the next best thing to come along.

In my coaching practice, I use a **prequalifying strategy** of these three essential questions to ask a man on the first date. It prevents wasting time with the wrong man.

1) **"Tell me something about yourself you'd like me to know"?**

I suggest asking this question relatively early in the date. **It's a great question when there is a lull, or you're suddenly at a loss keeping the conversation going.**

It's also a great question if he's doing a lot of talking and asking about you. If he's talking and asking about you, it's a good sign. It means he's interested. You want him to know you're interested in him as well.

If he's talking a lot but only about himself, he could be nervous, or it may mean "it's all about him." It's something to pay attention to.

The reason I like this question it reveals what's important to him. It tells you what he values. It may be his career or occupation, or his children, or significant achievement. It could be about a hobby he's passionate about.

Do you see the benefit of this question? Whatever his answer, **it gives you valuable information about him and what's essential in his life.**

2) **"Where do you see yourself in five years"?**

A question like this can easily be slipped in anywhere and can undoubtedly be used right after the first question depending on his answer.

What you'll learn, is he a man who has goals and moving in a direction, and what would that be?

Would his goals fit your criteria? Does his 5-year plan include having a relationship again? I have found some men when asked that question, will say I hope to be married and in a loving relationship.

If his answer doesn't include having a relationship, chances are he's not interested in a committed relationship. Again, valuable information.

3) **"What is your philosophy on relationships"?**

Last but not least. A question like this will be the most revealing and important question you could possibly ask. Have his relationships been a good experience

for him, or have they been disasters? **This question and his answer will have a significant impact on where you see things going with this man.**

Dating Mistake # 3. Failure to recognize "Red Flags."

A big topic and a crucial one. **We, women are very good at "excusing" bad behavior in a man we are dating or interested in.** If a man isn't calling, we make excuses for him. We tell ourselves he's just shy.

If he's abusive, we blame ourselves. We shouldn't have made him angry. If you see him only when he wants something, we say he's busy with his work. If he's rude to you or others, he's had a bad day.

Whenever a man's behavior makes us uncomfortable, when we feel that twinge, that pinch, that's a RED FLAG. It's telling you something. **Every red flag is a warning and information you must pay attention to.**

Look back at past relationships and recall the number of times the warning signs were there, and you ignored them.

Again, take paper and pencil and write down all the times **you had warning signs you ignored.** How many times did you have a gut feeling about something or somebody? **Learn to listen to your gut because your gut will never stir you wrong.**

Dating Mistake # 4. Over Giving.

I have known so many women that over give. I've been one of these women myself. What do I mean by being "**an over giver**"? **When we do too much and whatever we can for that man.** We'll get on a plane every weekend to see him. We'll pick up the dinner tab, lunch tab, buy the groceries and drop them off at his apartment.

We'll make his doctor, dentist, whatever appointments for him. We'll bake a pie and leave it at his back door. If he says he needs something from the hardware

store, you tell him you'll pick it for him. It doesn't stop. You do his laundry, clean his house, and the list goes on.

You can't understand why he's not interested in you when you do everything for him. **The fact that you are doing everything for him is the very reason he's not interested.**

He thinks of you as a mother. He doesn't need another mother. **He is not interested in dating or being intimate with a mother figure.**

Are you an over giver? Make a list of times you did too much for the guys you were dating or just met! **Do you resonate with anything I've mentioned above?** What have you done in the past? **Make a list of your "over-giving" habits.**

Ladies, trust me when I tell you the less you do for a man, the more he will do for you, the more he will respect you, and the more he'll be interested in you. It works like magic.

Dating Mistake # 5. Taking charge

Taking charge and over giving usually go hand in hand as the patterns are very similar. **The difference in taking charge is the one in control.** We decide where to go to dinner. We determine what the plan is for a weekend.

It's making all the decisions for the two of you. Women will do this on the very first date and then wonder why the man wasn't interested.

Again, Ladies, trust me on this one. We have to allow the man to be in charge. Let him make plans, let him decide on the restaurant, let him choose where to meet for that first date.

Allow him to be a man and allow yourself to be a woman that a man can look out for and take care of.

Dating Mistake # 6. Failure to know the essential things about a man.

I never cease to be amazed when speaking with women how little they know about the men they are dating and in relationships with. **Women fail to dig deep and learn what makes a man tick.**

Most women are afraid to ask the hard questions. They're so scared it will drive the man off if they ask too much. Suppose it drives him off. Good! There's something he doesn't want you to know or is hiding from you.

On the other hand, **the better you know a man, the more you find he may not be the one for you.**

Dating Mistake # 7. Settling

Of all the mistakes women make, this one saddens me the most. I've known many women that settle for less than what they want in a relationship **because they're afraid nothing better will come along.**

These are women lacking self-love, feel they don't deserve better and settle for what they can get. I've known women that want a man, any man, and will take whatever man will have them.

I encourage women to establish standards and never lower those standards. One day there will be a man that meets those standards. You are worthy of having the man of your dreams and a man that will cherish and adore you. Never settle!!

Dating Mistake # 8. Have a negative dating mindset.

What I hear most often is, **all men are jerks, all men cheat, and the good ones are either gay or taken.** That's a negative mindset and will give you precisely what you think and say. You'll attract the jerks and the disappointing dates unless you change your mindset.

I have an exercise I use with women I coach **to break down this faulty way of thinking.** Take a look at the men you have in your life. Your father, brothers, in-laws, your neighbor, the men you do business with, your friend's husbands. Are they jerks, cheaters, or abusers?

Make a list of all the kind, generous and wonderful men you know and are in your life. You'll see, not all men are jerks.

The truth of the matter **most men are good and decent men. We need to give men a chance so they can show us.** There are men out there that are true jerks in every sense of the word, but they're few and far between.

I've always believed that underneath that jerk is probably a good and decent guy. He's looking for love too, and no one has shown him yet how to have it.

I've only touched the surface of dating mistakes. I can tell you I have been guilty of all eight before I knew better.

I intend to bring awareness to what may be preventing you from having successful connections with men.

Dr. Phil has a saying that I often use myself. **You can't change what you don't acknowledge.**

My mission is to address behavior that doesn't serve us. **My life has changed, and one by one I want to change the lives of single middle-aged and senior women that are looking for love.**

What's the biggest dating challenge you are struggling with right now?

Please send me an email. I would like to hear from you.

I'll give you an hour of my time for free to discuss whatever you'd like to talk about. Or if nothing else, send me an email and **let me know what kind of information would be helpful to you.** What could I write about that would be most beneficial to you?

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